

## **FOREIGN BODIES**

### ***In the eye***

Foreign bodies in the eye are usually eyelashes, sand or grit. Untrained person can easily damage the eyes when attempting to remove the foreign object.

### **Assessment**

Eyes will be red, watery and the eyelid is often in spasm.

### **Action**

- Do not rub the eye
- Determine the object
- Leave it alone and get medical help if it is embedded (cover the eye with a pad and suture in place)
- Irrigate the eye with water or artificial tear solution
- Remove dirt particles with corner of a clean handkerchief.
- If an irritant liquid splashes into the eye immediately irrigate the eye with copious amount of water and continue for 20 minutes or until medical aid arrives.

### ***In the ear or nose***

Common for children to have a foreign body lodged in the ear or the nose. Refer to a doctor