

## EPILEPTIC SEIZURES

***Never be frightened by someone having a seizure. Let the seizure pass ensuring the person is not in a position to become injured and remember DRABCD.***

### **Awareness:**

Epilepsy is a very common neurological disorder which can cause seizures due to a change in the functioning of the brain cells.

### **Assessment:**

Epileptic seizures may result in abrupt loss of consciousness followed by jerky movements of the head, trunk, arms and legs for several minutes.

Unconsciousness may be prolonged.

### **Action:**

The first priority is to protect the person from the environment. Remove sharp or hard objects and ensure that the person cannot be harmed.

If the seizure occurs in the water, support the head above the water.

If the seizure continues for longer than 5 minutes, seek medical aid.

### **After Care:**

Place the person in the lateral position as soon as is possible and ensure an open airway by backward head tilt and jaw support. Clenched teeth should not be prised open.

EVERYONE CAN BE A LIFESAVER



**Royal Life Saving**

THE ROYAL LIFE SAVING SOCIETY AUSTRALIA