

**ELSC
LIFE SAVING CARNIVAL**



DATE 28th February 2016

TIMES **WARM UP** 8.45
 START 9.30

VENUE Enfield Olympic Pool
 Portland St
 Enfield

SECRETARY
Entries

Trish McEwen 0410 340037
elsc@live.com.au
Via Team Manager or Summary sheet with DOB via email

REFEREE

Joanne Teagle

MEET DIRECTOR

Denise Williams

ENTRY FEES

Entries close Monday 22nd February
\$10.00 per competitor per age group

Hints : Email summary sheet, pay on the day

Entries received on the day \$16.00 per age group only if space allows

REMEMBER

Club summary sheets must be forwarded to elsc@live.com.au

Club summary sheet to include DOB

A handler or patient must be supplied for each competitor and two officials from each club

Clubs are obliged to supply manikins and rescue tubes

Relay teams: Under 16 and Open relay teams to include at least one male or one female
 Under 11 and Under 14 relay teams to be any gender combination.

All events will be run as per competition committee rules

Events may be amalgamated on the day

Pool entry applies	Competitors	\$3.50
	Spectators	\$2.60

Clubs to forward names of 2 officials for sign in sheet
BBQ and Raffle on the day.

LIST OF EVENTS

EVENT No.		AGE	EVENT	DISTANCE	
M	F				
1	2	Open	Line Throw	12.5m	
3	4	Under 19	Line Throw	12.5m	
5	6	Under 16	Line Throw	12.5m	
7		30-44	Line Throw	12m	
9		45 & Over	Line Throw	12.5m	
	8	30-44	Line Throw	10m	
	10	45 & Over	Line Throw	10m	
11	12	12_13	Line Throw	10m	
13	14	10_11	Line Throw	8m	
15	16	8-9	Line Throw (Under arm on grass)	6m	concurrent with 1-14
17	18	U/8	Throw an object on grass	6m	concurrent with 1-14
19	20	30-44	Manikin Carry (full)	50m (d)	
21	22	Open	Manikin Carry (full)	50m (d)	
23	24	U/19	Manikin Carry (full)	50m (d)	
25	26	U/16	Manikin Carry (full)	50m (d)	
27	28	45 & Over	Manikin Carry (half)	50m (d)	
29	30	12_13	Manikin Carry (half)	50m (d)	
31	32	10-11	Manikin Carry (empty)	50m (d)	
33	34	8-9	Manikin Carry (empty)	25m (d)	
35	36	U/8	25m Swim and Touch Manikin (empty)	25m (s)	Manikin held as for 100 tow
37	38	45 & Over	Manikin tow with fins and rescue tube	100m (s)	
39	40	30-44	Manikin tow with fins and rescue tube	100m (s)	
41	42	Open	Manikin tow with fins and rescue tube	100m (s)	
43	44	U/19	Manikin tow with fins and rescue tube	100m (s)	
45	46	U/16	Manikin tow with fins and rescue tube	100m (s)	
47	48	12_13	Manikin tow with fins and rescue tube	50m (s)	swim to 25m and return
			Manikin tow with fins and rescue tube (clip		
49	50	10_11	tube)	50m (s)	swim to 25m and return
51	52	U/8	Freestyle with fins	25m (s)	
			Manikin tow with fins and rescue tube (straight		
53	54	8-9	swim, no manikin)	50m (s)	
55		U/14	Under 14 Medley Relay		
56		Open	Open Medley Relay		
57		U/16	Under 16 Medley Relay		
58		U/12	Under 12 Medley Relay		